

# Larrakeyah Primary School

Newsletter, Wednesday 13th March, Term 1

Dear Parents and Guardians,

The 2019 National Day of Action against Bullying and Violence is this Friday 15 March. Larrakeyah Primary has registered as a school to reinforce the work that we do every day to support students and ensure that they are in a safe and thriving learning environment. Parents are encouraged to visit [bullyingnoway.gov.au](http://bullyingnoway.gov.au) There are great resources available for teachers, parents and students. There is also a very clear definition given of “bullying”. Please also have a read of the article included in this newsletter written by Michael Hawton, child psychologist and Parentsop founder.

Over the past few years, Larrakeyah Primary has trained staff to implement a Peer Support program to assist students to develop positive relationships. For 8 weeks this term all students will be involved in the Peer Support Program. The module Keeping Friends aims to allow students to explore the concept of friendship, build relationships and develop skills in empathy and critical thinking. Peer Leaders were trained in early this term by the Upper Primary Teachers and will lead groups of 8 – 10 students through 8 sessions. These sessions have commenced and the newsletter will give you regular updates of what students have been learning in these sessions.

Last term I was nominated for the Telstra Business Women's Award category “Public Sector and Academia”. The award process progresses through several stages and I have reached the stage as an NT finalist. Winners will be announced in the next few weeks at the awards evening. I feel very honoured to be nominated and it has allowed me time to reflect on my journey in the NT education system over the past 33 years.

We look forward to seeing you all at the school board AGM this afternoon (Wednesday 13 March) 3.15pm in the library.

Regards,

Fathma Mauger

Principal



Larrakeyah Primary School is a member of the Darwin City Schools and in partnership with Darwin Middle School, Darwin High School, Northern Territory Open Education Centre, Ludmilla Primary School, Stuart Park Primary School and Parap Primary School.

## **Dates to Remember**

**Monday 4th– Friday 15th March–** Any Australian Coin Challenge.

**Wednesday 13th March–** AFL Gala Day.

**Tuesday 19th– Thursday 21st March–** PAT Testing.

**Wednesday 20th March–** Netball Gala Day.

**Thursday 21st March–** Harmony Day.

**Tuesday 26th March–** Rugby League Gala Day.

**Friday 29th March–** Whole School Assembly (Hosted by 4 Matthews).

**Friday 29th March–** School Disco.

**Friday 29th March–** Dress Up as Your Favorite Animal

**Tuesday 2nd April–** Year 5 and 6 Parliament House Excursion.

**Wednesday 3rd April–** Basketball Gala Day.

**Monday 8th– Friday 12th April–** Easter Egg Guessing Jar Competition.

**Friday 12th April–** End of Term 1.

**Tuesday 23rd April–** Commence Term 2.

**Friday 31st May–** Semester 1 and 2 Sports Vouchers Due.

We love to showcase the Visible Learning and Writing Focus activities our students engage in every week. Now, we're featuring these articles on our website. To read the latest class updates, and access previous articles, visit our News section in the Website.

<https://larrakeyahprimary.com.au/blog>



**Proud Sponsor of Larrakeyah Primary School.**



## ABSENCES

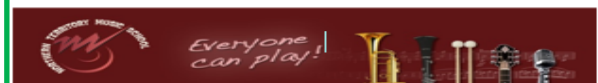
To ensure we keep our Attendance Records correct please contact our Front Office if your child/children are absent.

You can contact us on **89813211**. Alternatively, you can notify us via our website or our Skool Bag App.

Larrakeyah Primary School App



The Larrakeyah Primary School app is available to download. If you prefer using the school website, please check the Skool Bag console in the For Parents section for latest news.



### **IS YOUR CHILD INTERESTED IN LEARNING A MUSICAL INSTRUMENT?**

There are still places for students in Years 4-6 to learn an instrument through NT School of music. Enrolment applications are now open for all students interested in the NT Music School's Instrumental Program.

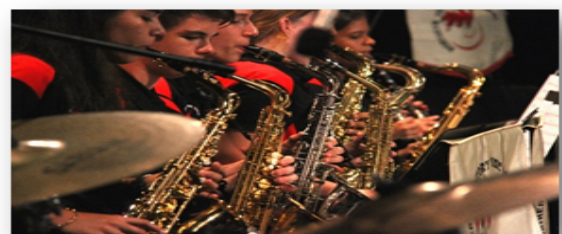
Instrumental tuition may be offered to students from Year 4 upwards on flute, clarinet, saxophone, guitar, trumpet, trombone and percussion.

The program is designed to develop playing and listening skills with our teachers coming to your child's school during school time.

Enrol online at [www.ntms.net.au](http://www.ntms.net.au)

Should you require further assistance phone NT Music School

**8963 5550.**



## Online applications for urban sport vouchers

Physical \$100 sport vouchers are no longer being issued through schools.

From the beginning of each school semester, parents or carers must apply online for each child. Vouchers issued in Semester 2, 2018, and Semester 1, 2019, will expire on 31 May, 2019.





# PEER SUPPORT

## Week 6

### Joining in with Others

In this week's Peer Support session the children will be exploring how to join groups and how to accept others into their friendship group. The activities will give the children a chance to practice these skills, as well as how to say no in a respectful way, cope with being told no and inviting others to join them.

Encourage your child to discuss with you the importance of saying no to people in a respectful way so that they don't lose friends. Also discuss with your child various options they have at school if they should find themselves without anyone to play with during break time.

## Week 7

### Good Winners

Children will be focusing on the skills of winning in a friendly way and coping with losing. The children will participate in various activities and discuss how to accept the outcome of a game, no matter what it is, in a friendly way in order to maintain those friendships.

During the week encourage your child to practice these skills in all aspects of life - whether it be weekend sport or choosing what to watch.



# PEER SUPPORT



## Week 8

### A Better Friend

In this week's final session of the Peer Support module Keeping Friends the children will be participating in a board game, reinforcing all of the concepts and skills that have been learned over the past 7 weeks.

They will be reminded of the qualities of a good friend and the skills needed to maintain friendships and make new friends. Each Peer Support group will have the opportunity to celebrate what they have learned and the new friendships and connections they have made.



## HARMONY DAY

Harmony Day will be on Thursday the 21st of March 2019. We celebrate Harmony Day at Larrakeyah Primary School by having a shared lunch of traditional food with your class and Whole School Multicultural Rotational Activities from 1:40-2:20pm. The shared lunch of traditional food is provided by the students, we encourage the parents to provide a plate of traditional food to share with your class. The shared lunch will then be at 12:30pm to give the students time to share details about their traditional food.

The Whole School Multicultural Rotational activities are organised by the teachers and will commence after the roll is taken after lunch. From 1:40-2:20pm students can move around the school participating in activities provided by teachers and learning about different cultures.



**YEAR 6 INTERNATIONAL STUDY TOUR FUNDRAISER!**

# **SCHOOL DISCO**

**FRIDAY 5TH APRIL 2019**

**5:30PM - 7:30PM**

**Larrakeyah Primary School**

**GOLD COIN DONATION ENTRY**

- \* Sausage Sizzle \* Chips \* Lollies \***
  - \* Ice Blocks \* Drinks \* Glow Sticks \***
- Family Friendly Event - Bring a rug!**

**- ALL CHILDREN MUST BE COLLECTED BY A PARENT AT THE END OF THE DISCO -**



# Reading Awards

## Level 10

Hunter Hart  
Paua Wharewera  
Dakota Watson  
Isabelle McCann  
William Precious  
Zeewijk Gregory  
Nellie Corcoran  
Amber Sidhu  
Halle Smallridge  
Ridit Singh Bedi  
Keith Diana  
Lara Savas  
Alisha Qais  
April Ting  
Henry Crase

Japman Chhina

Sarah Emanuels-Gomez

William Panagopoulos

## Level 20

Christian Wenman

Henry Hudson

Lachlan Abe

Maximilliene Reynante

Millie Bartle

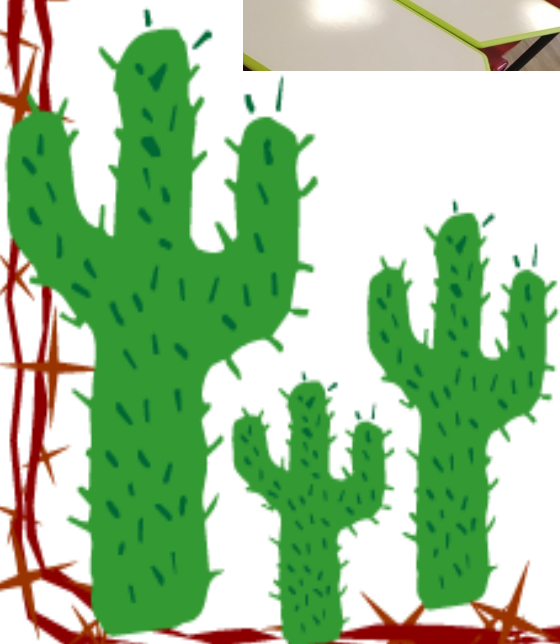
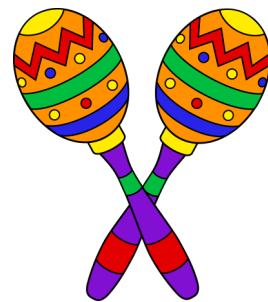
Sofia Lozyk

Otto De Wit

## Collaboration + Communication = Great Teamwork!

The Cooking and Gardening program is a great way to teach some of the 21st Century learner attributes that we value here at Larrakeyah Primary School. This week the students have been learning how to make Tacos. Whilst this is not a particularly taxing recipe in terms of technique, it does require a fair amount of food prep. Our focus this week has been a focus on groups collaborating and communicating to get the job done effectively and efficiently, much like a kitchen team would operate in a commercial kitchen. The groups allocate a team leader and the team leader's job is to ensure that every member of the team is actively involved and contributing to the lesson. I was very impressed with how students organised themselves, they demonstrated excellent team work and showed that they can be fantastic independent workers.

I also wanted to take the opportunity to show off some of my new furniture! A huge thank you to Katina Laouris and Mrs Mauger for making it happen.







# AFL GALA DAY

Wednesday 13th March 2019





## NEWS FROM DSTA

Recently I attended a Defence School Mentor (DSM) workshop to catch up with changes to our DSM Program and meet with a variety of support services for Defence Families. I have sent an email out to each family listing some of those support options. If you didn't receive it, please let me know so I can change the email address I have for you. An email was also sent reminding families about bike safety on the roads between home and school, please remind your child of the road rules and that they need to be careful, courteous and safe on our streets. There is a free cycling education track at the Parap Road Safety Centre, located 24 Holtze St, Parap.

Thanks to the Defence parents that attended the AGM. It is great to see the families' support, volunteer and play active roles within our school community. As a quick statistical snapshot; we have 479 students at LPS with 83 Defence students and 53 Defence families, including 27 newly enrolled Defence students. This makes Defence students over 17% of the school.

At DKC last week students were talking about where they have lived, where they have been and where they still would like to go. We were looking at 3 types of maps: a world map (that was kindly donated by a parent many years ago and if anyone happens to work in survey or cartography departments we would love another hint, hint!), an Australian map and a local cycle map. The world map will be used to see where parents are working when deployed; an Australia map for domestic journeys, posting locations, etc.; and the local cycle map so they can relate to where they are now. Defence Kids Club is run at lunchtime Wednesdays in room 5. There is dancing and fun.

If anyone has old or torn military cam uniforms, please consider donating them for craft activities and wreath making, thanks.

ANZAC Day isn't very far away and neither is our ANZAC Day Assembly on Wednesday 24 April, so if you have any ideas, decorations or special skills that you could contribute or would like to volunteer please let me know. We are looking for ceremonial assistance like flag raisers, buglers, etc. to make our 2019 ANZAC Day Assembly special. Last year we were the NT runner up for the ANZAC Day School Awards, with a special mention given to our 'Walk with Our Soldiers'. We want to grow this into something even more special for 2019. If you would like your special ANZAC or Defence personnel (past or present) and their photo added to this memorial, please email me their photo and basic details including student's name.

**Jodie Murdoch – DSM 89813211 [jodie.murdoch@ntschoools.net](mailto:jodie.murdoch@ntschoools.net)**

**Defence Family Helpline 1800 624608**

## ANZAC Commemoration Ceremony



ANZAC Day 25<sup>th</sup> April is on its way. Our ANZAC Day commemoration ceremony is on Wednesday 24<sup>th</sup> April and we would like for as many people to be involved as possible.

We have so many proud families at Larrakeyah with military history, so if you have a special ANZAC; a past or current serving member who you would like to have included in our lawn display, please email a photo (or copy) to Jodie DSM [jodie.murdoch@ntschoools.net](mailto:jodie.murdoch@ntschoools.net) and provide details of service and the names of the children to go on the plaque in our 'Walk with Our Special ANZAC's'. This display keeps the memory of those that have sacrificed and contributed both in the past and today relevant and appreciated. The kids are very proud too to be able to lay a poppy on someone that is part of them and their own family history.

# LABRAKEYAH PRIMARY SCHOOL CANTEEN MENU

## SANDWICHES/WRAP/SALAD TUBS

G SALAD WRAPS		\$5.00
G SALAD WRAPS WITH CHICKEN, HAM, TUNA OR EGG		\$5.50
G VEGEMITE	<b>S WICH</b>	
G CHEESE	\$2.50	\$2.80
G EGG AND LETTUCE	\$3.00	\$3.30
G HAM/CHICKEN/TUNA	\$3.50	\$3.80
G CHEESE & HAM/CHICKEN/TUNA	\$4.00	\$4.30
G SALAD	\$4.50	\$4.80
G SALAD & HAM/CHICKEN/TUNA	\$5.00	\$5.30
G SALAD TUBS	\$5.50	
G SALAD TUBS & HAM/CHICKEN/TUNA	\$6.00	
G SALAD DRESSING	30 CENTS	

## TOASTED SANDWICHES

G CHEESE	\$3.00
G CHEESE AND TOMATO	\$3.50
G CHEESE & HAM/CHICKEN/TUNA	\$4.00
G HAM, CHEESE & PINEAPPLE	\$4.20
G CHICKEN, CHEESE & MAYO	\$4.20
<b>HOMEMADE MEALS</b>	
G PASTA BOLOGNAISE	\$5.50
G FRIED RICE	\$5.50
G CHICKEN CARBONARA	\$5.50
G LASAGNA	\$5.50
G HAMBURGER WITH CHEESE	\$5.50
G HONEY SOY CHICKEN WITH RICE	\$5.50

## HOT SELECTION

A BEEF PIE	\$4.00
A PARTY PIE	\$1.50
A SAUSAGE ROLL	\$1.50
G MINI PIZZA- HAWAIIAN	\$4.00
G ROAST CHICKEN GRAVY ROLL	\$4.00
G HOTDOG WITH SAUCE	\$4.00
G HOTDOG WITH CHEESE & SAUCE	\$4.50
G EGG AND BACON MUFFIN	\$4.00
A HASHBROWN	\$1.00
A CHICKEN WING DING	\$3.00
G CHICKEN HOTDOG WITH SAUCE	\$4.00
A SWEET CHILLI TENDERS	\$3.00
A CHICKEN NUGGET	50 CENTS
A TOMATO/BBQ SAUCE	30 CENTS

## SNACKS

G POPCORN	\$1.00
G YOGHURT TUB	\$1.50
G FRUIT SALAD	\$2.50
G WATERMELON CUP	\$1.50
A BROWNIE HOMEMADE	\$1.00
G CHEESE & CRACKERS	\$2.00
G TUNA & CRACKERS	\$2.00
G PIECE OF FRUIT	\$1.00
G JELLY HOMEMADE	\$1.00

## MEAL DEALS

<b>MEAL DEAL 1</b>	
FRESH SANDWICH/WRAP/SALAD TUB, FROZEN YOGHURT TUB,	
WATER/MILK POPPER/ JUICE POPPER	
<b>MEAL DEAL 2</b>	
HOMEMADE SPECIAL, POPCORN,	
WATER/MILK POPPER/ JUICE POPPER	
<b>MEAL DEAL 3</b>	
TOASTED SANDWICH, APPLE,	
WATER/MILK POPPER/ JUICE POPPER	
<b>ALL \$7.50</b>	

## DRINKS

G WATER 600ML	\$2.00
A 100% JUICE POPPER	\$2.00
APPLE/ORANGE/BLACKCURRANT	
A BREAKA	\$2.50
CHOCOLATE/VANILLA/STRAWBERRY	
<b>FROM THE FREEZER</b>	
A BILLABONG	\$2.00
CHOC/RAINBOW	
A FROZEN YOGHURT TUB	\$2.00
A QUELCH FRUIT ICE BLOCKS	\$1.00

## G = ALWAYS ON THE MENU

## A = SELECT CAREFULLY

## FRIDAY SPECIAL

A Chicken Burger + lettuce, mayo	\$5.50
G Mac & Cheese	\$5.50
G CHICKEN OR LAMB VIROS	\$7.50

PLEASE WRITE YOUR CHILD'S NAME, CLASS, ORDER AND COST ON BROWN PAPER BAG WITH CORRECT MONEY INSIDE.

CHILDREN THEN PLACE THEIR BROWN PAPER BAG INTO CLASS LUNCH BOX.  
GO TO OUR ONLINE CANTEEN TO SET UP ONLINE ORDERING.

PLEASE ENSURE ALL MONIES ARE AUSTRALIAN DOLLARS. BAGS ARE 10 CENTS TO PURCHASE. SPOONS/FORKS ARE 5 CENTS.

**Updated changes to the School Canteen Menu include labelling of food and removal of a frozen product.**





## Not every act of meanness is bullying

By Michael Hawton, Child Psychologist (MAPS) and [ParentsShop](#) founder.

One of our jobs is to help children and young people to interpret events proportionally. However, in recent times, I have seen a shift involving the wrong application of words like *trauma*, *depression* and *bullying*. When these very meaningful words are misused, their misuse can result in unwanted consequences. What might be the 'unkind' behaviour of another may, in fact, not be 'bullying'. In this article we discuss the differences between unkindness and bullying – and how defining the two correctly can teach kids resilience and how to cope with conflict.

Anyone who spends a great deal of time with children or simply remembers their own childhood, would know that children can be downright mean. An experiment by Debra Pepler at York University brought together children from years 1 to 6 who were identified by their teachers as particularly aggressive or particularly non-aggressive. What the study found was that, on average, mean behaviour from the aggressive children was displayed every two minutes and, most revealingly, from the non-aggressive children every three minutes.

**Conflict is unfortunately a part of life that we all deal with, no matter what age.**

Bullying is, however, way more than that and can have serious and sometimes tragic consequences. Yet the term 'bullying' seems to be readily bandied around these days for all forms of 'mean behaviour'.

According to 'Bullying No Way', the National Australian definition of bullying is:

*"an ongoing misuse of power in relationships through repeated verbal, physical and/or social behaviour that causes physical and/or psychological harm. It can involve an individual or a group misusing their power over one or more persons. Bullying can happen in person or online, and it can be obvious (overt) or hidden (covert)... Single incidents and conflict or fights between equals, whether in person or online, are not defined as bullying".*

The key terms in the definition of bullying is 'misuse of power' and 'repeated'. The key terms in the definition of what is not bullying is 'between equals' and while conflicts or mean and hurtful behaviour may upset a child tremendously, by labelling the mean behaviour 'bullying' we may be disempowering children.

It is important for children to understand the difference between someone being insensitive or mean and what constitutes bullying behaviour because being able to successfully resolve and navigate these situations is a huge step in their emotional growth and maturity. If the situation is deemed to be simply mean or hurtful behaviour it is important not to over-play this through misleading terminology (ie bullying) and offer ways for the child to address and resolve this themselves.

*... calling every act of meanness bullying sends an unhealthy message: It says to kids, 'You're fragile. You can't handle it if anyone is even slightly unkind to you.'*

Eileen Kennedy-Moore

Teacher and writer Braden Bell spoke in his article for the Washington Post about his own personal experience when hearing about one of his children experiencing negative and disparaging remarks from a co-worker. His initial fury led him to a biased judgement, defining the perpetrator as a bully but when he eventually calmed down, he realised it did not fit the definition (it was offensive behaviour but not bullying) and so he talked with his wife and then teenager to find a viable coping solution, which worked out in the end. A way parents can assist with this is by first acknowledging the mean behaviour, e.g., 'that was mean/rude/unkind of her/him' and then, as Bell suggests, prompting the child to seek some form of resolution or solution by asking "What are your choices?" And, as a follow-up, "What are the likely outcomes of those choices?". This may not be easy because of heightened emotions and the initial responses may not be great.

Parents who react too defensively for their child at every negative encounter with their child's peers may be doing more harm than good. In later years the child may not have the necessary tools to independently handle conflict and may feel 'victimised' in situations that don't go their way, potentially causing social engagement and relationship difficulties in later life.

Further in her article in Psychology Today, Eileen Kennedy-Moore, wrote:

*... calling every act of meanness bullying sends an unhealthy message: It says to kids, 'You're fragile. You can't handle it if anyone is even slightly unkind to you.' As these children grow older, they demonstrate less resilience, sometimes publicly. The kids get more easily and deeply upset about perceived offenses, including situations that were unpleasant, but weren't really bullying. Beyond stunting their emotional maturity, their heightened reactions had negative social consequences, as peers responded by disengaging from them.*

By defining the behaviour correctly, we are encouraging our kids to assess and respond in a way that with long term practice, creates resiliency and emotional maturity.

Michael Hawton is founder of Parentshop, providing education and resources for parents and industry professionals working with children. He has authored two books on child behaviour management: *Talk Less Listen More* and *Engaging Adolescents*. You can find more information, including his books and self-paced online parenting courses at <https://www.parentshop.com.au/parent-courses/>



## eSafety advice for schools on Momo challenge

### How schools can respond to the Momo reports, and other hoax 'challenges'

The Office of the eSafety Commissioner is aware of media reports about a series of videos or challenges called Momo. The Office and its mental health partners provide the following advice to parents, carers and schools looking to support young people.

### What is Momo?

Momo is a scary looking character that allegedly sets challenges for young people—through chat, videos or social media—asking them to do increasingly scary things, until it finally asks them to harm themselves and others.

Media reports have suggested Momo has been linked to “challenges” of self-harm by young people, and to death by suicide. There is no evidence this challenge exists, and this has been validated by the IT industry, academic and safety experts around the world.

The Momo image shown in media reports is a photo of an art sculpture. The sculpture does not have a program or challenge connected to it, and in fact the creator now claims the sculpture has been destroyed.

There are videos online showing people “taking the Momo challenge”. These are scripted and staged, with acting and fake messages. They do look realistic and may scare young people and make them believe Momo is a real thing.

Images of Momo accompanied with a voice-over have also been reportedly spliced into existing video content, usually targeted at children. Images containing Momo may also be distributed along with other scary or threatening content to bully and harass young people.

### What schools need to know

While Momo may not be a real co-ordinated movement, the reports about Momo and the images shown can still cause young people distress and make their parents understandably anxious.

Momo may be discussed in the school yard and online while it is getting media coverage. It may also be considered an ‘internet urban myth’ that circulates around schools, creating mischief for some and fear for others.

Any communication about Momo should be directed to parents rather than raising the issue with students who may not have heard or been exposed to it. Drawing students’ attention to the issue may cause unnecessary worry or distress.

We advise keeping an eye on those who are more vulnerable and at-risk, and checking in with them about their interactions on and offline.

If a young person is presenting with signs of distress, we encourage you to follow your school’s procedures for managing and supporting students at risk.



## How to respond to worried parents

You can reassure parents that the Momo challenge does not exist and appears to be an urban myth. Any videos of people “taking the Momo challenge” are fake.

Parents who are worried about the Momo challenge can be directed to this advice at: [www.esafety.gov.au/about-the-office/newsroom/media-releases/statement-esafety-advice-on-the-momo-challenge](http://www.esafety.gov.au/about-the-office/newsroom/media-releases/statement-esafety-advice-on-the-momo-challenge).

## What should parents do to protect their children online

The Office encourages parents and carers to co-view, co-play, ask questions about the games and apps their children are using, and let them know you are there to support them if they are upset or uncomfortable about anything they see online.

Five top tips to help limit your child’s exposure to harmful content online:

- Engage in your child’s online activities – ask what apps, sites and games they’re using and make sure they’re age-appropriate.
- Use parental controls on devices to help limit what your child is exposed to.
- Let them know not everything they see online is real or true. In the case of “Momo videos” help them understand that people are making these to get more ‘likes’ because they get paid money for the ‘likes’ they get.
- Help them report and block upsetting content they see on social media sites or apps.
- Let them know they can come to you about anything upsetting they see online, and contact [Kids Helpline](http://www.kidshelpline.com.au) or [Headspace](http://www.headspace.org.au) if they need further support.

Parents can visit [www.esafety.gov.au/iparent](http://www.esafety.gov.au/iparent) for information and advice on keeping your child safe online.

## Advice and support

If a life is in danger call Triple Zero (000) right now.

Support, information and referrals for all ages, including worried family and friends:

- [Kids Helpline](http://www.kidshelpline.com.au). 1800 55 1800. Phone support is there all day, every day. Online support is open from 8am-midnight every day (AEST).
- [Headspace](http://www.headspace.org.au) and eHeadspace. 1800 650 890. Open 9am-1am daily (AEST).
- [Lifeline](http://www.lifeline.org.au). 13 11 14. Phone support all day, every day. Online support 7pm-4am daily (AEST).
- [Beyondblue](http://www.beyondblue.org.au). 1300 22 4636. Phone support all day, every day. Online support 3pm-midnight every day.
- [Suicide Callback Service](http://www.suicidecallbackservice.com.au). 1300 659 467. Phone support all day, every day, and follow-up calls.
- The family GP is a good starting point for anybody worried about their child’s behaviour or health.

# UPCOMING DARWIN REGION SELECTION TRIALS

*Students must attend 2 out of the 3 days, be the correct age and attend a Darwin Region School to be eligible for selection in our Darwin Region Team.*

*For further information please contact the School Sport Coordinator.*

## 12Y & U AUSTRALIAN FOOTBALL

DAY	DATE	TIME	VENUE
WEDNESDAY	13TH MARCH	3.30—5.00pm	Sanderson Middle School Oval
THURSDAY	14TH MARCH	3.30—5.00pm	

## 12Y & U NETBALL

DAY	DATE	TIME	VENUE
TUESDAY	19TH MARCH	3.30—5.00pm	Sitzler Courts Marrara
WEDNESDAY	20TH MARCH	3.30—5.00pm	
THURSDAY	21ST MARCH	3.30—5.00pm	

## 12Y & U RUGBY LEAGUE

DAY	DATE	TIME	VENUE
TUESDAY	26TH MARCH	3.30—5.00pm	Anula Oval
WEDNESDAY	27TH MARCH	3.30—5.00pm	
THURSDAY	28TH MARCH	3.30—5.00pm	

Trial Permission Notes can be downloaded from the School Sport NT Website:  
<http://www.schoolsportnt.com.au/pages/Darwin-%252d-Forms.html>



Darwin Region School Sport Coordinator: Hannah Roll  
m: 0437 001 735 e: hannah.roll@ntschoools.net

Darwin Region School Sport Admin Assistant: Julie Kitsos  
p: 08 8997 7518 e: darwinregion.ssnt@ntschoools.net